

# HOW DO I SIGN UP FOR THE NATIONAL FIREFIGHTER REGISTRY?

All firefighters – paid or volunteer, active or retired, with or without cancer – can sign up for the National Firefighter Registry (NFR) on a computer, tablet, or smartphone.

## SIGNING UP INVOLVES 4 STEPS:

1. Create your account
2. Give informed consent
3. Create your profile
4. Complete the NFR questionnaire



JOIN THE NFR AT  
**NFR.CDC.GOV**

If you get interrupted during steps 3 or 4, your responses will be saved. Login again to continue.



### 1. CREATE YOUR ACCOUNT Est. 5 Mins

- Visit [NFR.CDC.GOV](https://www.nfr.cdc.gov), confirm eligibility, and click “Login.Gov” to begin. Please be aware that using shared public computers can be less secure than using personal devices.
- Click “Create an Account” or sign in if you already have an account.
  - » *Tip: If you have an existing Login.Gov account and reset your password, go to [NFR.CDC.GOV](https://www.nfr.cdc.gov) after resetting to sign up.*
- Type your email address and select your preferred language.
  - » *Tip: Use a personal email instead of a work email in case you change employers.*
- Navigate to your email inbox. You will receive an email from Login.gov to confirm your email address. If you do not receive an email within a few minutes, please double check the email address you entered and your internet access.
- Create a password. The password must be 12 characters long. A meter will check your password strength - you will need a green color from the meter to continue.
- Select an authentication method. This is an added level of security to protect your information. You must select at least one method to move forward.
  - » *Tip: You may be most familiar with the “text or voice message” option.*
- Click “Agree and Continue” to be directed to the NFR portal.

### 2. GIVE INFORMED CONSENT Est. 5 Mins

- Read the informed consent document. The NFR is a voluntary project. You must provide informed consent to participate. Scroll down the page to read the consent form.
- Provide consent if you agree to participate. Do this by checking the box and typing your first and last name. If you decide not to participate you can close the window. If you change your mind in the future, you can visit [NFR.CDC.GOV](https://www.nfr.cdc.gov) to continue with registration.
  - » *Tip: You can download or receive an email copy of your signed Informed Consent for your records.*
- Click “Begin” to start to the next step.

# NATIONAL FIREFIGHTER REGISTRY

## 3. CREATE YOUR PROFILE Est. 5 Mins

- **Add your information.** Include your first name, last name, and address.
- **Verify your email.** You can also provide a secondary email address.
- **Choose your preferences for NFR updates.** You can provide a secondary email address and/or opt-in to receive text message updates.
- **Add your work status.** If you are retired or no longer work in the fire service, provide the approximate date when you stopped working.
- **Review your profile and then click “Continue.”** You will then have the opportunity to “Start the Questionnaire.”
  - » *Tip: You can review or update your profile at a later time if anything changes.*

## 4. COMPLETE THE NFR QUESTIONNAIRE Est. 30 Mins

### Demographics

- **Add your demographic information.** Include your date of birth, sex, and race/ethnicity.
  - » *Tip: The two fields marked with an asterisk (\*) are required.*
- **Provide the last four digits of your social security number.** Providing this will increase the chance of correctly linking your NFR account to any past or potential future cancer diagnosis information.
- **Click “Save & Continue”** to start to the next step.
  - » *Tip: Responses are saved each time you continue to another page and cannot be changed. This is for data security reasons. However, you can go back to respond to any unanswered questions.*

### Work and Exposure

- **Add your fire service history.** Include where and when you worked and what job titles you held. This information will enable the NFR to have a clearer understanding of your experience and potential exposures.
  - » *Tip: Double check your record; records cannot be edited once saved.*

### Health History and Lifestyle

- **Add your health and lifestyle history.** Include any health conditions or injuries. This will enable the NFR to have a clearer understanding of factors that may impact cancer risk.

### Review and Submit

- **Click “Submit”** to finish signing up for the NFR.
  - » *Tip: Before submitting, you can go back to answer any unanswered questions.*
  - » *Tip: You can access your profile, future questionnaires, and other resources at any time by logging back into [NFR.CDC.GOV](https://www.nfr.cdc.gov).*

## NEED MORE HELP?

Review our [Frequently Asked Questions](#) or email the NFR Help Desk: [NFRHelpDesk@rti.org](mailto:NFRHelpDesk@rti.org).



Centers for Disease Control  
and Prevention  
National Institute for Occupational  
Safety and Health



**NATIONAL  
FIREFIGHTER  
REGISTRY**  
Understanding &  
Reducing Cancer